



WEST VIRGINIA

TRACK & FIELD

2014-15 Indoor Performance List

I-Personal Best | ^-School Record | p-Prelims | s-Semifinals | t-Tied

60 Meters

Time	Athlete	Meet (Date)	Place
8.00	Meghan Jean-Bap	SPIRE	35th
8.08	Meghan Jean-Bap	Thundering Herd Invite	33rd
8.13p	Meghan Jean-Bap	Marty Pushkin Track Classic	2nd
8.16p	Meghan Jean-Bap	PSU Relays	14th
8.36p	Shamoya McNeil	Marty Pushkin Track Classic	7th

60 Meter Hurdles

Time	Athlete	Meet (Date)	Place
8.79	Meghan Jean-Bap	Big 12 Indoor Champs	17th
8.83	Meghan Jean-Bap	Akron Invite	4th
8.91	Meghan Jean-Bap	SPIRE	20th
9.02	Meghan Jean-Bap	YSU College Invite	4th
9.20	Meghan Jean-Bap	WVU Invite	3rd
9.20	Meghan Jean-Bap	Thundering Herd Invite	12th

400 Meters

Time	Athlete	Meet (Date)	Place
58.18	Christa D'Egidio	Akron Invite	3rd
58.20	Christa D'Egidio	Thundering Herd Invite	9th
58.40	Christa D'Egidio	YSU College Invite	4th

500 Meters

Time	Athlete	Meet (Date)	Place
1:19.46	Christa D'Egidio	WVU Invite	3rd
1:21.09	Christa D'Egidio	Marty Pushkin Track Classic	1st

600 Meters

Time	Athlete	Meet (Date)	Place
1:36.92	Christa D'Egidio	SPIRE	18th
1:39.03	Rebecca Wendt	SPIRE	25th

800 Meters

Time	Athlete	Meet (Date)	Place
2:10.53	Amy Cashin	SPIRE	10th
2:12.58	Brianna Kerekes	SPIRE	21st
2:12.72	Amy Cashin	SPIRE	3rd
2:13.94	Kelly Williams	Thundering Herd Invite	1st
2:15.59	Brianna Kerekes	Akron Invite	1st
2:16.41	Brianna Kerekes	Thundering Herd Invite	4th
2:17.74	Shannen Daly	Big 12 Indoor Champs	10th
2:17.87	Shannen Daly	Thundering Herd Invite	7th
2:18.64	Shannen Daly	SPIRE	56th
2:19.45	Rebecca Wendt	SPIRE	58th
2:19.75	Rebecca Wendt	Thundering Herd Invite	11th
2:20.15	Rebecca Wendt	Akron Invite	6th
2:25.64	Rebecca Wendt	YSU College Invite	11th
2:39.90	Sydney Scott	WVU Invite	2nd

1,000 Meters

Time	Athlete	Meet (Date)	Place
2:47.49	Amy Cashin	SPIRE	5th
2:49.99	Brianna Kerekes	Big 12 Indoor Champs	5th
2:50.71	Brianna Kerekes	SPIRE	9th
2:50.99	Amy Cashin	Big 12 Indoor Champs	8th
2:51.26	Amy Cashin	Big 12 Indoor Champs	7th
2:51.77	Brianna Kerekes	Big 12 Indoor Champs	4th
3:08.31	Shannen Daly	WVU Invite	2nd

3,000 Meters

Time	Athlete	Meet (Date)	Place
9:37.76	Brynn Harshbarger	SPIRE	10th
9:38.59	Maggie Drazba	SPIRE	12th
9:40.22	Sydney Scott	Big 12 Indoor Champs	11th
9:43.34	Sydney Scott	SPIRE	17th
9:50.53	Savanna Plombon	Big 12 Indoor Champs	19th
9:56.61	Renee Maisonneuve	Big 12 Indoor Champs	25th
10:00.88	Amy Cashin	Thundering Herd Invite	1st
10:02.82	Rachel Faulds	Big 12 Indoor Champs	30th
10:08.13	Rachel Faulds	SPIRE	34th
10:10.38	Rachel Faulds	Akron Invite	2nd
10:13.94	Kelly Williams	WVU Invite	1st
10:41.76	Allie Diehl	Thundering Herd Invite	7th

5,000 Meters

Time	Athlete	Meet (Date)	Place
16:25.43	Jillian Forsey	Big 12 Indoor Champs	7th
16:28.99	Maggie Drazba	Big 12 Indoor Champs	9th
17:08.43	Brynn Harshbarger	Big 12 Indoor Champs	12th
18:27.69	Allie Diehl	Akron Invite	8th
18:59.08	Allie Diehl	WVU Invite	1st

Mile

Time	Athlete	Meet (Date)	Place
4:43.71	Kelly Williams	SPIRE	5th
4:49.81	Kelly Williams	Big 12 Indoor Champs	8th
4:51.12	Kelly Williams	Big 12 Indoor Champs	7th
4:55.69	Maggie Drazba	Akron Invite	3rd
4:59.71	Renee Maisonneuve	SPIRE	25th
5:02.43	Savanna Plombon	SPIRE	30th
5:03.20	Renee Maisonneuve	Thundering Herd Invite	2nd
5:04.03	Renee Maisonneuve	YSU College Invite	1st
5:19.88	Lydia Martinelli	Thundering Herd Invite	8th
5:20.38	Shannen Daly	Akron Invite	12th
5:21.42	Lydia Martinelli	Akron Invite	13th
5:21.85	Shannen Daly	YSU College Invite	13th
!5:23.13	Shannen Daly	PSU Relays	13th
5:26.81	Lydia Martinelli	YSU College Invite	16th
!5:28.09	Allie Diehl	PSU Relays	16th
5:28.19	Allie Diehl	YSU College Invite	17th
5:30.06	Shannen Daly	Marty Pushkin Track Classic	1st
5:31.56	Lydia Martinelli	Marty Pushkin Track Classic	2nd
5:32.32	Lydia Martinelli	WVU Invite	3rd
5:34.49	Allie Diehl	Marty Pushkin Track Classic	3rd



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Long Jump

Mark	Athlete	Meet (Date)	Place
5.14m	Meghan Jean-Bap	Marty Pushkin Track Classic	2nd
4.99m	Shamoya, McNeil	PSU Relays	17th

Triple Jump

Mark	Athlete	Meet (Date)	Place
12.08m	Shamoya McNeil	Akron Invite	5th
12.06m	Shamoya McNeil	Big 12 Indoor Champs	8th
11.93m	Shamoya McNeil	SPIRE	9th
11.77m	Shamoya, McNeil	WVU Invite	1st

High Jump

Mark	Athlete	Meet (Date)	Place
1.71m	Hannah Stone	Big 12 Champs	13th
1.70m	Marsi McBeam	YSU College Invite	1st
1.70m	Hannah Stone	Akron Invite	1st
1.70m	Marsi McBeam	Akron Invite	5th
1.70m	Marsi McBeam	Thundering Herd Invite	1st
1.66m	Marsi McBeam	Big 12 Champs	16th
1.63m	Marsi McBeam	SPIRE	9th
1.62m	Hannah Stone	YSU College Invite	6th
1.60m	Hannah Stone	Thundering Herd Invite	9th
1.58m	Hannah Stone	SPIRE	18th
1.57m	Hannah Stone	PSU Relays	12th
1.57m	Hannah Stone	WVU Invite	1st

Pole Vault

Mark	Athlete	Meet (Date)	Place
3.96m	Katlyn Shelar	WVU Invite	1st
3.94m	Katlyn Shelar	Big 12 Indoor Champs	6th
3.90m	Katlyn Shelar	Thundering Herd Invite	2nd
3.90m	Katlyn Shelar	YSU College Invite	1st
3.82m	Katlyn Shelar	PSU Relays	2nd
3.82m	Tori Bertrand	Akron Invite	1st
3.80m	Katlyn Shelar	SPIRE	13th
3.75m	Katlyn Shelar	Marty Pushkin Track Classic	1st
3.75m	Tori Bertrand	Thundering Herd Invite	4th
3.75m	Tori Bertrand	Marty Pushkin Track Classic	1st
3.67m	Tori Bertrand	SPIRE	7th
3.64m	Tori Bertrand	Big 12 Indoor Champs	14th
3.52m	Tori Bertrand	PSU Relays	7th
3.52m	Maddie Gardner	Akron Invite	9th
3.52m	Maddie Gardner	SPIRE	8th
3.50m	Tori Bertrand	WVU Invite	3rd
3.50m	Maddie Gardner	WVU Invite	3rd
3.37m	Sara Finrock	PSU Relays	11th
3.35m	Tori Bertrand	YSU College Invite	5th
3.35m	Maddie Gardner	YSU College Invite	7th
3.35m	Sara Finrock	WVU Invite	8th
3.30m	Sara Finrock	Thundering Herd Invite	10th
3.30m	Rebekah Lafata	Thundering Herd Invite	10th
3.22m	Rebekah Lafata	PSU Relays	13th
3.20m	Rebekah Lafata	YSU College Invite	9th

3.20m	Sara Finrock	YSU College Invite	14th
3.20m	Rebekah Lafata	WVU Invite	7th
3.20m	Rebekah Lafata	Marty Pushkin Track Classic	4th
3.20m	Maddie Gardner	Marty Pushkin Track Classic	4th
3.20m	Sara Finrock	Marty Pushkin Track Classic	4th
3.07m	Sara Finrock	Akron Invite	15th
3.07m	Rebekah Lafata	Akron Invite	17th
3.07m	Maddie Gardner	PSU Relays	17th

4x400 Meter Relay

Time	Athlete	Meet (Date)	Place
4:06.60	Kerekes, D'Egidio	WVU Invite	2nd
	Daly, Williams		

4x800 Meter Relay

Time	Athlete	Meet (Date)	Place
9:29.29	Cashin, Scott	WVU Invite	1st
	Drazba, Plombon		

Distance Medley Relay

Time	Athlete	Meet (Date)	Place
11:35.51	Williams, D'Egidio	Big 12 Indoor Champs	6th
	Kerekes, Cashin		
12:02.85	Williams, Kerekes	PSU Relays	3rd
	Maisonneuve, Scott		



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60 Meters

1. Stacian Brown.....	7.34	1999
2. Jessica Czaikowski.....	7.49	2007
3. Ciara Chic.....	7.54	2003
4. Chelsea Carrier.....	7.56	2011
5. Sabrina Cox.....	7.58	2000

60 Meter Hurdles

1. Chelsea Carrier.....	8.08	2011
2. Stacian Brown.....	8.22	1999
3. Jessica Czaikowski.....	8.23	2005
4. Chene Townsend.....	8.38	2013
5. Pat Itanyi.....	8.42	1996

200 Meters

1. Stacian Brown.....	23.63	1999
2. Maxine Dawkins.....	23.78	1998
3. Marlene Dawkins.....	23.80	1997
4. Tammy Henderson.....	24.12	1984
5. April Rotilio.....	24.17	2009

400 Meters

1. April Rotilio.....	54.29	2009
2. Tameca Williams.....	54.79	1998
3. Kristy Beans.....	55.09	1992
4. Connie Ellerbe.....	55.18	1991
5. Claudette Rodgers.....	55.24	1989

500 Meters

1. Connie Ellerbe.....	1:12.84	1990
2. Pamela Richardson.....	1:12.93	2005
3. Tamara Stoner.....	1:14.35	1995
4. Holly Workman.....	1:14.42	1986
5. Aileen Smith.....	1:14.56	2001

800 Meters

1. Kate Vermeulen.....	2:06.42	1999
2. Keri Bland.....	2:06.72	2009
3. Aileen Smith.....	2:08.81	2001
4. Jennifer Kemp.....	2:09.55	2005
5. Merissa Sexsmith.....	2:09.98	2000

Mile

1. Keri Bland.....	4:34.78	2009
2. Megan Metcalfe.....	4:35.89	2004
3. Kelly Williams.....	4:36.77	2013
4. Karly Hamric.....	4:38.55	2010
5. Kate Vermeulen.....	4:39.05	1999

1,000 Meters

1. Kate Vermeulen.....	2:43.01	1999
2. Kaylyn Christopher.....	2:45.56	2011
3. Karly Hamric.....	2:46.03	2010

4. Megan Metcalfe.....	2:46.78	2004
5. Merissa Sexsmith.....	2:47.48	2000

3,000 Meters

1. Megan Metcalfe.....	8:58.17	2005
2. Jessica O'Connell.....	9:14.12	2011
3. Marie-Louise Asselin.....	9:14.44	2008
4. Rebecca Stallwood.....	9:26.81	2002
5. Kaylyn Christopher.....	9:27.16	2011

5,000 Meters

1. Marie-Louise Asselin.....	15:50.53	2010
2. Clara Grandt.....	16:04.24	2010
3. Sarah-Anne Brault.....	16:17.95	2011
4. Tara Struyk.....	16:22.44	2004
5. Rebecca Stallwood.....	16:25.03	2002

60 Meter Hurdles

1. Chelsea Carrier.....	8.08	2011
2. Stacian Brown.....	8.22	1999
3. Jessica Czaikowski.....	8.23	2005
4. Chené Townsend.....	8.38	2013
5. Pat Itanyi.....	8.42	1996

High Jump

1. Sharon Pfister.....	1.78m	1985
Sydney Cummings.....	1.78m	2013
3. Katelyn Williams.....	1.75m	2010
4. Nancy Regalbuto.....	1.74m	2005
Alethea Moody.....	1.74m	1988

Shot Put

1. Jodi Smith.....	14.80m	1984
2. LaShawna Black.....	13.10m	2008
3. Karissa Knabenshue.....	12.99m	2014
3. Abbie Stechschulte.....	12.83m	2007
4. Michelle McGinnis.....	12.53m	2003
5. Becky Gorby.....	12.37m	1984

3,000 Meters

1. Megan Metcalfe.....	8:58.17	2005
2. Jessica O'Connell.....	9:14.12	2011
3. Marie-Louise Asselin.....	9:14.44	2008
4. Rebecca Stallwood.....	9:26.81	2002
5. Kaylyn Christopher.....	9:27.16	2011

5,000 Meters

1. Marie-Louise Asselin.....	15:50.53	2010
2. Clara Grandt.....	16:04.24	2010
3. Sarah Anne-Brault.....	16:17.95	2011
4. Tara Struyk.....	16:22.44	2004
5. Rebecca Stallwood.....	16:25.02	2002



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Indoor Top Five Performers List

Long Jump

1. Pat Itanyi	6.48m	1996
2. Christine Brown.....	6.21m	2003
3. Chelsea Carrier.....	6.10m	2010
4. Abbie Stechchulte.....	5.92m	2007
Stormy Nesbit.....	5.92m	2013

Triple Jump

1. Christine Brown.....	12.52m	2001
2. Stormy Nesbit.....	12.42m	2014
3. Stormy Nesbit.....	12.26m	2012
4. Tessie Palmer.....	12.20m	1989
5. Stormy Nesbit.....	11.89m	2013

High Jump

1. Sharon Pfister	1.78m	1985
Sydney Cummings	1.78m	2013
3. Katelyn Williams	1.75m	2010
4. Nancy Regalbuto.....	1.74m	2004
Alethea Moody	1.74m	1988

Weight Throw

1. Heather Adams	18.18m	2013
2. Terina Miller	16.73m	2012
3. Karissa Knabenshue.....	15.18m	2013
4. Michele McGinnis	15.05m	2004
5. Alanna Pritts.....	14.65m	2013

Shot Put

1. Jodi Smith.....	14.80m	1984
2. LaShawna Black	13.10m	2008
3. Karissa Knabenshue.....	12.99m	2014
4. Abbie Stechsulte.....	12.83m	2007
5. Michelle McGinnis	12.53m	2003

Pole Vault

1. Erin Nett	4.07m	2001
2. Katlyn Shelar.....	3.98m	2014
3. Alex Acker.....	3.87m	2009
4. Kristen Loughry.....	3.80m	2008
5. Katlyn Shelar.....	3.77m	2012

Pentathlon

1. Chelsea Carrier.....	4,170	2011
2. Pat Itanyi	4,111	1997
3. Abbie Stechsulte.....	4,016	2007
4. Chelsea Carrier.....	3,967	2009
5. Sharon Pfister	3,817	1986

4x800 Meter Relay

1. Keri Bland, Kaylyn Christopher,	8:44.98	2010
Marie-Louise Asselin, Jessica O'Connell
2. Merissa Sexsmith, Ailene Smith,	8:50.10.....	2002
Rebecca Stallwood, Jennifer Davis.....
3. Karly Hamric, Kaylyn Christopher,	8:51.55.....	2009
Alison Spiker, Keri Bland
4. Jennifer Kemp, Rebecca Stallwood,	8:52.44	2002
Jennifer Davis, Ailene Smith
5. Jennifer Kemp, Rebecca Stallwood,	8:52.59	2002
Jennifer Davis, Merissa Sexsmith.....

Distance Medley Relay

1. Kaylyn Christopher, April Rotilio,	11:05.12	2009
Karly Hamric, Keri Bland.....
2. Marie-Louise Asselin, April Rotilio,	11:07.64.....	2008
Karly Hamric, Keri Bland.....
3. Keri Bland, April Rotilio,.....	11:09.28.....	2010
Kaylyn Christopher, Jessica O'Connell
4. Kaylyn Christopher, April Rotilio,	11:11.33	2009
Karly Hamric, Keri Bland.....
5. Pam Richardson, Ailene Smith,	11:11.98.....	2003
Jennifer Kemp, Megan Metcalfe.....

DMR Splits: 800

1. Jennifer Kemp.....	2:05.75	2005
2. Aileen Smith.....	2:07.89	2003
3. Merissa Sexsmith	2:08.50	2002
4. Karly Hamric.....	2:08.89	2009

DMR Splits: 1,200

1. Megan Metcalfe.....	3:21.85	2004
2. Rebecca Stallwood	3:23.20	2002
3. Marie-Louise Asselin	3:23.90	2008
4. Keri Bland.....	3:25.84	2010
5. Kaylyn Christopher.....	3:25.90	2009

DMR Splits: 1,600

1. Megan Metcalfe.....	4:33.50	2003
2. Keri Bland.....	4:35.94	2008
3. Kate Vermeulen	4:36.15	1999
4. Jennifer Davis.....	4:39.50	2005
5. Marie-Louise Asselin	4:39.60	2008